



PORTUGALGYM[®]
GYMNAESTRADA NACIONAL
2017 Faro

29th June - 2nd July

INVITATION



Federação
de **Ginástica**
de **Portugal**



Faro
evoluimos consigo



Dear gymnastics friends,

The Gymnastics Federation of Portugal will organize between 30 June and 2 July, 2017, the international edition of the PORTUGALGYM® Festival. The Algarve, internationally known for its fantastic beaches and golf courses, associated with lots of sunshine and excellent cuisine, is where the event will take place, specifically in the town of Loulé and Quarteira beach.

Portugal has excellent conditions for holding gymnastic festivals and extensive experience in organizing these events. Examples of that are the organization of EUROGYM 1993, World Gymnaestrada 2003, Golden Age 2010 and EuroGYM 2012.

In 2017 we plan to open the PORTUGALGYM to foreign federations and clubs, and make this a landmark event in Gymnastics for All international scene.

We are waiting for you...



Welcome to Algarve

Some of the best and most beautiful beaches in the entire world are found in the Algarve. So, it comes as no surprise that the region is a favorite for sun-seekers from all over the world. They come in search of the natural heritage that is now managed in a sustainable fashion, in order to provide quality recreational facilities able to meet all kinds of requirements. There are beaches to suit every taste with the majority having gained due recognition in the form of the EU "Blue Flag" for quality standards. Different types of beach, but all bathed in the calm, warm seawaters of this coastline.



Algarve is also one of the finest golfing destinations in Europe, and it is seen today as an elite venue by top professionals and golf lovers.



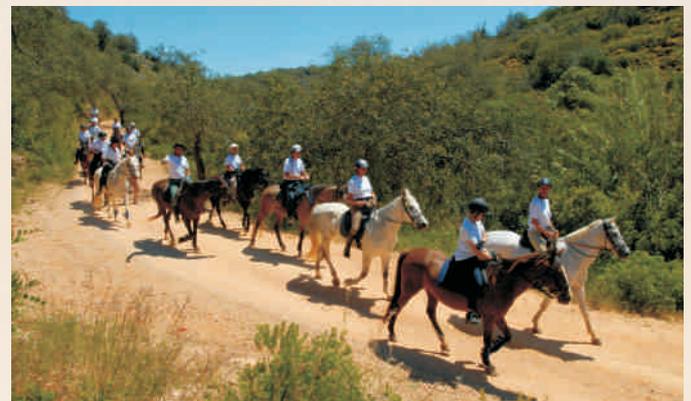
More than just magnificent beaches and a blessed climate, the Algarve offers a rich folk heritage which is worth appreciating along with the pleasures of the sun and the sea.

Welcome to Algarve

At once cosmopolitan and rustic, the Algarve is a region that can be enjoyed either for a quiet or active holiday, according to individual taste. If you want a fun-filled holiday, you will find the latest musical trends of Algarvian night-life and its hot spots an irresistible draw. The discotheques, marinas, casinos, bars and restaurants, many with open air seating, all offer a free and easy atmosphere to satisfy the most varied of tastes.



During the day, there is also a lot to do: from theme parks to shopping centers and various cultural events, all guaranteed to leave you with unforgettable memories. If you are looking for a quieter holiday, you can opt for the refinement of thalassotherapy centers and SPAs, healthy breaks at thermal water centers or the peace of relaxation farms.



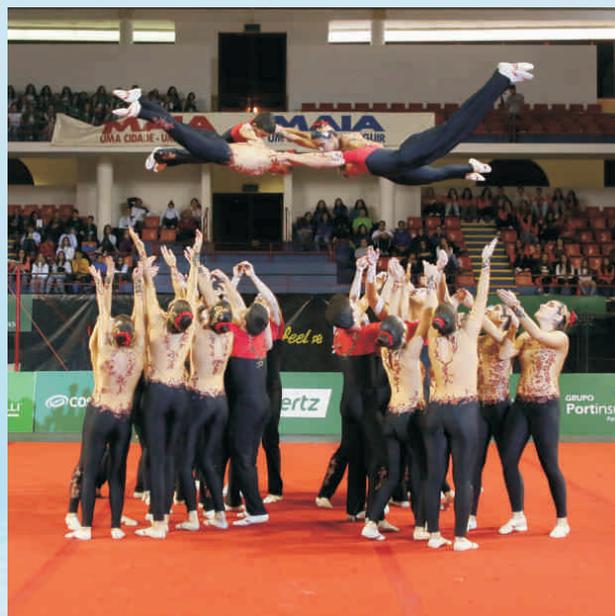
PortugalGYM 2017

Date

30 June to 2 July, 2017

Who can participate

Any group of gymnasts can take part, no matter what nationality or age or technical level, as long as it consists of at least 6 people and the performances are accompanied by music.



Exhibitions

Each team will perform twice. The duration of each exercise is determined as follows: maximum 5:00 minutes for teams up to 30 people, maximum 10 minutes for teams from 31 participants.

Gala “Prof. Reis Pinto”

The Gala 'Prof. Reis Pinto' is traditionally the highlight of PORTUGALGYM. The Gala will be complemented by presentations of all gymnastic disciplines for athletes of national teams and invited participants groups.

Venues

The exhibitions will take place in the 3 stages in Faro. All stages will have a platform with floor exercise strips (minimum size is 14 m x 14 m), dressing rooms for the athletes and a warehouse for technical equipment.

As for the technical equipment, 2 out of the 3 stages will have 2 trampetes and a full set of landing mats available. Depending on the needs of individual performances, the most suitable stage will be assigned.



Tourist Programs

Discover the best experiences that Algarve has to offer you...

Safari

Excitement, Adventure and Adrenalin throughout the magnificent landscapes of the Algarve. The Algarve region is characterized not only by its excellent beaches, but also by magnificent highland landscapes and stunning paths to discover!



Seafaris

Explore the sea, stunning rock formations, cliffs, and some of the largest caves and tunnels in Europe. Several cruise programs including, a half-day cruise and visit inside the caves, or a full day cruise with a break on a secluded beach only accessible by sea, with a BBQ lunch service.



Lisbon tours

Immerse yourself in Lisbon's enchanting history and sights on a day trip from the Algarve! With a local guide at your side, explore the neighborhood of Belém with its wow-worthy Manueline monuments and trace the history of UNESCO-listed Jerónimos Monastery on an audio tour. Wander around the charming cobbled streets of the Alfama quarter, see the Castle of São Jorge and enjoy some free time before returning to the Algarve.



East Algarve Day Trip

Explore the peaceful East Algarve with its charming towns, elegant architecture and sights steeped in history. This must-do day trip includes tours of the Church of St Lourenço in Almancil town, the Algarve capital of Faro with its stately Old Town plus Tavira Castle: a ruined monument believed to date to Neolithic times. Enjoy free time to soak up the laid-back pace of the region in the fishing town of Olhão and make use of a hotel pickup and drop-off service that covers hotels all over the Algarve region.

Aquashow Park

Explore and enjoy the numerous attractions of this fantastic water park with slides of all kinds and a wave pool that will delight you.



Zoomarine

Zoo Marine offers a full marine experience for all the family, showcasing numerous species of tropical fish, dolphins, seals, sea lions and sharks as well as tropical birds and birds of prey from all corners of the globe.

The park is a veritable voyage of discovery for adults and children alike as they encounter, observe and learn about wildlife, conservation and the environment.



General Information

Cost- Participant Package

The participant package includes:

- * Participant card,
- * Accommodation and breakfast (3 nights),
- * Lunch and dinner (6 meals),
- * Shuttle bus,
- * Farewel party
- * Gala ticket.

The accommodation will be provided in schools and hotels (3 stars).

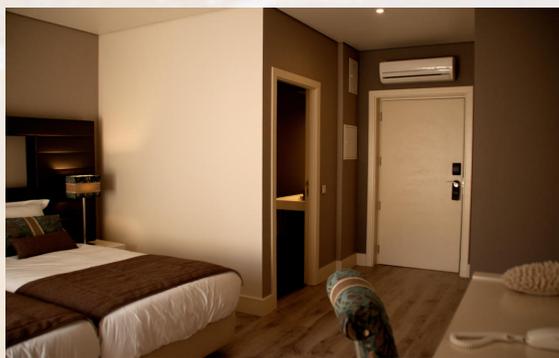
- * School package: 150,00€ / person
- * Hotel package: 500,00€ / person

Schools

Extra night: 20,00 €/person

Hotel Cat. B***

Extra night: Single: 95,00 € / Double: 70,00 €



Provisional Programme

	Thursday 29 th June	Friday 30 th June	Saturday 1 st June	Sunday 2 nd June	Monday 3 rd June
Breakfast					
Morning		Group Arrivals	Group Performances (3 stages)	Group Performances (3 stages)	Group Departures
Lunch					
Afternoon	Group Arrivals	Accreditation	Group Performances (3 stages)	Gala "Prof. Reis Pinto" II	Group Departures
Dinner					
Evening	Group Arrivals	Parade	Gala "Prof. Reis Pinto" I	Farewell Party	

Music files

The performance music files must be submitted up to June 16 2017, by WeTransfer (e-mail gpt@gympor.com), in MP3 format.

Insurance

All participants have to provide proof of adequate health and accident insurance coverage. Each team is responsible for making its own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation. The organizing Committee will provide sports insurance for anyone who desires this service at a cost of 50,00 € per person (for more information please contact LOC). All teams that have their own insurance must provide proof (named declaration with policy number) at the accreditation.

Visa

Please verify immediately with your travel agent or the Portuguese Embassy or Consulate in your country if a visa is required for your travel to Portugal. The Organizing Committee will be happy to assist each Delegation with an official invitation letter, provided that the request is made before 30th May 2017 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to gpt@gympor.com.

Local Transportation

The LOC will provide free transfer from FARO International Airport .
The delegations may ask for special transfer service from LISBON International airport (270 km) to the event place. This service will cost € 40,00/person/one way.

Bank Account Information

BANK: Millennium BCP
BENEFICIARY: Gymnastics Federation of Portugal
IBAN: PT50 0033 0000 01880157890 96
BIC/ SWIFT: BCOMPTPL

Each participating member federation/club is kindly requested to integrate the payment's purpose as follows: PORTUGALGYM 2017.

The participating federation/club is responsible for covering all bank fees in connection with the bank transfers.



Deadlines Summary

Definitive Registration Form
Accommodation Form
Travel Schedule Form
Visa Request Form
Payment of the Participant Fee (100%)
Payment of the Accommodation Costs (100%)

30th May 2017